



Monthly Adolescent News

participates
in survival strategies
of coastal poor
COAST Foundation



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The Year: 1st Year

The Number: Second number

Monthly mentor coordination meetings

Last October 8, 2022 at 9.30 am, the monthly coordination meeting of Adolescent program mentors of Farajgonj Union of Lalmohan Upazila was held. 45 Kishor-Kishori from 18 clubs were present in the meeting. Mrs. Nasreen Begum, Member of Ward No. 1,2,3, Rokeya Begum, Member of Ward No. 4, 5, 6, Najma Begum, Member of Ward No. 7, 8, 9 and others were present as guests in the meeting. Mokammel Haque Secretary Farajgonj Union Parishad. In the discussion, the guests said that those who are



মাসিক মেন্টর সমন্বয় সভাছবি : রাবেয়া বিনতে

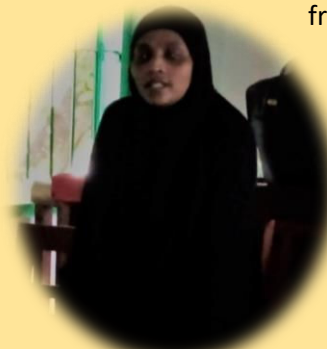
between 09 and 18 years are Kishor-Kishori. This age is an emotional age, they like

whatever comes in front of them. They do not have the wisdom to judge what is good and what is bad. So at this age many of them tend to do bad things more than good things. Kishor-Kishori clubs are very important in imparting moral education to them at this age. Engaging them in various sports will keep them away from bad work. Apart from this, Kishor-Kishori is not aware about their health, they don't know what kind of food they should eat to increase their body, what kind of food they should not eat, what kind of changes may occur in their body. Specially girls should pay more attention to cleanliness. Because their body changes more at this time, they should pay more attention to cleanliness. Neglecting them can lead to many diseases. We will

help our club in the ward if they call us in their meetings or need any kind of assistance.

If he does good work, the society

Najma Begum, UP member of Ward 7, 8, 9 of Farajgonj Union, said - If you teenagers of this age want to do some good work in your area, then you can do it, for example, if a poor person is sick, you can take him to the hospital with a few friends. You can get



ইউপি সদস্য নাজমা বেগম

medical treatment, all your friends can support the students of poor houses who are closed to you, who cannot buy books, or pay the school fees. Then you will see that the people of the area will respect you.

Let me tell you an incident from my own life - I once worked on a project of a COAST Foundation, I met men and women in different homes, advised them on various good deeds, enrolled their sons and daughters in school, went to Union Parishad and registered births. They knew and loved me from there. In the last election, I did not have to work hard for votes because everyone voted for me to do good work in the COAST. I am in close debt to the COAST Foundation.

If you also do good work in your area then you will get reputation and people will like you. I will work

with you if you call upon me in any good work of yours.

Program inspection by PKSf

On 18 October 2022 from morning to 6.30 pm, a Team COAST Foundation at Palli Karma-Sahayak Foundation (PKSF) visited the ongoing Adolescent program of Lalmohan Upazila for the financial year 2022-23. The team consisted of Mr. Md. Alamgir Hossen, Manager-



আলোচনা করছেন মো: আলমগীর হোসেন-পিকেএসএফ

Programs and Md. Mosla Rumman, Deputy Manager,

Adolescent Programmes, along with Md. Ayub Ali, Regional Program Coordinator, Rabeya Binte Khair, Program Officer and Khokon Chandra Sheel, Program Coordinator, COAST Foundation. At 10.00 am, Lalmohan discussed the mentorship of the new twenty

branches at the branch office. There Mendeo discussed in detail the goals and objectives of the work and ongoing program management. 1,00 minutes Farajgonj spoke to the girls of Kishori Club in Ward No. 8. At 3.30 p.m., Ramagonj also spoke to the girls and their parents in Ward No. 6. At that time, 6 other club mentors were present in that ward and they also discussed the program management strategy. After the discussion, the girls conducted their cultural activities.

Next October 2022 work plan:

| Sl | Activity | Target |
|----|------------------------------------|----------|
| 1 | Working Area Visit | 50 wards |
| 2 | Mentor selectio and Club formation | 50 th |
| 3 | Club meeting monitoring | 100 th |
| 4 | Community meeting | 50 tk |
| 5 | Monthly coordination meeting | 10 th |

Many thanks to all those who contributed to the magazine. Later there was a request to send more beautiful writings.

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N.B : Their pictures are given in this magazine, it is not for any commercial work or sale.