

<b>Hight wise weight chart (Man)</b>				<b>Hight wise weight chart (Woman)</b>			
<b>Hight (Inch)</b>	<b>Weight (Kg)</b>			<b>Hight (Inch)</b>	<b>Weight (Kg)</b>		
	<b>Minimum</b>	<b>Maximum</b>	<b>Standard</b>		<b>Minimum</b>	<b>Maximum</b>	<b>Standard</b>
60	46	58	52	60	44	55	49.5
61	47	59	53.5	61	45	57	50.5
61.4	49	61	55	61.4	46	58	52
62	50	62	56	62	47	60	53.5
63	51	64	57.5	63	49	61	55
64	52	66	59	64	50	63	56.5
64.5	54	67	60.5	64.5	51	65	58
65	55	69	62	65	52	66	59
66	56	71	63.5	66	54	68	61
67	58	72	65	67	55	69	62
68	59	74	66.5	68	56	71	63.5
68.5	61	76	68.5	68.5	58	73	65.5
69	62	77	69.5	69	59	74	66.5
70	63	79	71	70	60	76	68

**Ref: BIRDEM Diabetics manual**