

Hight Wise weight chart (Man)				Hight Wise weight chart (Woman)			
Hight (Inch)	Weight			Hight (Inch)	Weight		
	Minimum	Maximum	Standard		Minimum	Maximum	Standard
60	46	58	52	60	44	55	49.5
61	47	59	53.5	61	45	57	50.5
61.4	49	61	55	61.4	46	58	52
62	50	62	56	62	47	60	53.5
63	51	64	57.5	63	49	61	55
64	52	66	59	64	50	63	56.5
64.5	54	67	60.5	64.5	51	65	58
65	55	69	62	65	52	66	59
66	56	71	63.5	66	54	68	61
67	58	72	65	67	55	69	62
68	59	74	66.5	68	56	71	63.5
68.5	61	76	68.5	68.5	58	73	65.5
69	62	77	69.5	69	59	74	66.5
70	63	79	71	70	60	76	68

Ref: BIRDEM Diabetics manual