

"Dry Fish and Aquaculture for Wellbeing and Nutrition"(DAWN) project funded by USAID through world fish(South Asia) is directed from Cox's Bazar among three upazilla namely Teknaf, Pekua and Cox's Bazar Sadar monthly bulletin of this project.

Edition 6

November- 2019

Agrahaion-1426

Nutrition and Hygiene through Courtyard Meeting



Cox'sBazar Sadar Upazilla; Photo credit: Md. Samim, Participants with UNAO & UNF in Courtyard Meeting.

Under "Dry Fish and Aquaculture for Wellbeing and Nutrition (DAWN)" Sixty five (65) meetings will be completed during the tenure of thirteen hundred (1300) household fish farmers. The Union representatives of the project conducted these meetings. The purpose of this meeting is to get all types of members, especially pregnant and the current status of the health and hygiene of the lactating mother and the role of the mother in the process. Up to the present time, there have been a total of forty six (46) meetings in the project area where 556 are male and 1035 are female participants. As a result, the health and nutrition issues between the beneficiaries increased. In fact, they know that they need to eat nutritious food every day, but they also know that to eat a balanced diet every day. Awareness about the health of all the families of the beneficiaries has increased. Now they know now and when to wash their hands. As a result, the risk of disease infestation has greatly reduced. Besides, they have been taught to make tippy tap through these courtyard meetings and explain its use. By doing so, they are now installing and using this tippy tap, especially in the kitchen and toilet areas, in project areas where there are still many health issues. As a result, everyone in the family is suffering less. As well as being aware of all the family members of the area adolescents including children, is also less suffering from malnutrition. In addition to the

meeting, there was also a careful discussion of extra food for the children and adolescents of the family so that special care was taken on these issues. Representatives of the local government expressed optimism that this courtyard meeting would play a major role in health issues and other awareness issues in the area.

Coast Trust at School for Nutrition



Cox'sBazar Sadar Upazilla; Photo credit: Jubair, UNF; Lecturing UNAO about nutrition for participants.

Under the DAWN project, a total of 14 school sessions will be held out of which a total of eight (08) school sessions have been completed. Upazilla officials of the project will complete the program with union facilitators. Upazila Secondary Education Officer and other teachers of different schools were present on the occasion. The aim of this program is to discuss food and nutrition awareness with a total of 120 participants, including a total of 100 students and 25 teachers, from school to school, especially from class 6 to 10. What kind of food should children and adolescents eat what kind of nutrients are in them, or what we find essential for brain etc. Then for a while, educational entertainment such as boys who do not eat more with food, girls will eat more. As well as songs and poems, some of the humble arrangements are nutritious. Abul Hashem, head teacher of Pekua Girls' High School, in the school sessions, said that in addition to government work, private company COAST Trust and hoped that Pekua Girls' High School would receive all kinds of support from the government. He said that everyone expects the project to be implemented beautifully with the help of all. Secondary Education Officer of Pekua Upazila A F M Hasan said the Coast

Trust thanked the people of Pekua Upazilla for bringing the project and would always be with the COAST Trust organization if any assistance is needed for the project. He added that it would have been better if each school in Pekua Upazilla could have organized this program. Discussion comes up with more details on caring for pregnant mothers, child care for 0-6 months, 7-24 months, teenage workouts. After the discussion, the test was taken. Testing is done in two ways. Written Examination from ninth and tenth grades total 50 and MCQ: Sixth, seventh and eighth grades total 50 so grand total is 100 participants. From the two divisions, the first second third, a total of 6 were selected and the prize was distributed among them. Moreover, Santana award is given to all.

Development of fisheries Through Modern Training



Pekua Upazilla; Photo Credit: Tariqul Islam, UNAO; Training Participant with UNF

Under the "Dry Fish and Aquaculture for Well-being and Nutrition" project implemented by the COAST Trust, the modernization of fisheries cultivation, nutrition, vegetable farming, hygiene and gender among the 17 unions of the three upazilla at the field level. The training program begins. The training program will be provided on a total of 8 sessions / modules to each selected group of project staff i.e. members of each group will receive training on 8 modules. The module's sequence is as follows:

Module-1	Module-2	Module-3	Module-4	Module-5 & 6	Module-7	Module-8
Pre-stocking and stocking management of ponds	Post-stocking management of ponds	Some common problems and remedies in pond fish farming, collection, marketing and profit-loss calculations	Pond Dike Cropping	Nutrition	Hygiene	Gender

Training of members is being made by making 1 batch of 20 people from each group. The Union Nutrition

Facilitators and Upazilla Nutrition and Aquaculture Officers will assist in training them in almost every session, with the Union Level Nutrition Facilitators and Upazilla Nutrition and Aquaculture Officers in the field. It is to be noted that till today 30/11/2019, a total of 350 training including module-1, module-2, module-3, module-4, Module-5, module-6 & module-7 in 17 unions of three upazillas have been successfully completed where total participants are 3503 (male-1809 and female-1694). All the training will be completed on 8 consecutive modules which are currently underway at the field level. The beneficiaries, who have ponds but did not know the modern technology of fisheries, are benefiting greatly and other fish farmers of that area are also being encouraged. Due to this, fish production in this area is increasing and the beneficiaries are dreaming to become self-sufficient. The Upazilla Fisheries Department has emphasized on taking more such initiatives.

Monthly Cluster Meeting for Successful of DAWN



Pekua Upazilla; Photo Credit: Imrul Kader, CDO; Meeting with UNAO & UNF

Under the "Dry Fish and Aquaculture for Well-being and Nutrition" project implemented by the COAST Trust in field level monthly cluster done in every month in each Upazilla. All Upazilla Nutrition and Aquaculture Officer will arrange monthly cluster meeting at Upazilla offices. A total of 36 meetings in 3 Upazilla will be Upazilla level arranged within the project period. The meeting agenda will be the accomplished activities of the last month and detailed planning for next month. UNAO may arrange capacity building brief session/discussion for the meeting participants. World Fish respective personnel may participate in such meetings periodically.

- Nutrition and Aquaculture Coordinator (NAC), Upazilla Nutrition and Aquaculture Officer (UNAO) and Union Nutrition Facilitators (UNF) will participate in the meeting.
- Every Upazilla will have one meeting each month

- Target achievement analysis of field staffs for betterment of the project.
- Project staffs knew what they do, what is the gap and what are the necessary steps taken to overcome back locks.
- Daily/weekly/Monthly planning of own work.
- Brief meeting minutes.

Under the three (three) upazilas implemented by the Coast Trust under the Dry Fish and Aquaculture for Wellbeing and Nutrition project.

Monthly Target Achievement Sep-2019

SI	Activities	Target	Achievement
01	Monthly Cluster Meeting	03	03
02	Aquaculture Training	141	141
03	Courtyard Meeting (Aquaculture)	46	46
04	Courtyard Meeting (Hygiene)	65	65
05	Newsletter	01	01

All staffs of DAWN project will help to make this newsletter provide important information

If needed more information:

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